

Schedule:

Thursday, 14th Dec. 2023:

Free Training HS 109 possible per Athlet € 12,--

06:00 p.m.: Team Captains Meeting SJ Women/Men
 06:30 p.m.: Team Captains Meeting NC Women/Men

Friday, 15th Dec. 2023:

NC Women / Men

09:00 a.m.: Official training HS 109 (1 jump)
 10:15 a.m.: PCR HS 109
 03:30 – 04:30 p.m.: Official training CC

SJ Women / Men

12:15 p.m.: Official training HS 109
 01:45 p.m.: Trial round HS 109
 03:15 p.m.: First competition round HS 109
 Afterwards: Final round HS 109
 Afterwards: Prize giving ceremony
 08:00 p.m.: "Coaches Get-together"

Saturday, 16th Dec. 2023

SJ Women / Men

08:30 a.m.: Trial round HS 109
 09:50 a.m.: First competition round HS 109
 Afterwards: Second competition round
 Afterwards: Prize giving ceremony

NC Women / Men

01:00 p.m.: Trial round HS 109
 Afterwards: Competition round HS 109

04:15 p.m.: Cross Country IG 2,5 km Women

04:35 p.m.: Cross Country IG 5,0 km Men

Afterwards: Prize giving ceremony

Sunday, 17th Dec. 2023:

NC Women / Men

09:00 a.m.: Trial round HS 109
 10:20 a.m.: Competition round HS 109

01:00 p.m.: Cross Country IG 5,0 km Women

01:30 p.m.: Cross Country IG 10,0 km Men

Afterwards: Prize giving ceremony